

LIGHTNING U12 PREP 1

2025/26 Information



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LIGHTNING

Term Dates

Autumn Term 11th Aug - 21st Dec

Half term 20th Oct - 2nd Nov (No sessions running)

Bank Holiday Monday 25th Aug (No Sessions running)

Spring Term 5th Jan - 29th March

Half term 15th Feb - 22nd Feb (No sessions running)

Summer Term 13th April - 12th July

Half term 25th - 31st May (No sessions running)

Bank Holiday Monday 4th May (No Sessions running)

LIGHTNING

Training Times

Team training Mon 17:15 - 19:15

Tumbling session - See individual info pack

Additional Session (compulsory)

Parent meeting

01/09/2025 17:15 - 17:30

Pre Comp training

09/04/2026 10:00 - 12:30

Additional Sessions

(Non compulsory, not included in training fees)

Flexibility/Conditioning

Wednesday 19:15 - 20:00

Friday 18:30 - 19:15



LIGHTING

Pricing

Membership fee £55.00

One off payment due 01/08/2025

Training fees £72.50 per month

Direct Debit starting 11/08/2025

Competition fees

Payment 1 £57.00 due 01/11/2025

Payment 2 £80.00 due 01/02/2026

Additional costs

Uniform £200 due 01/12/2025, this can be split into 3 monthly payments of £67.50 (Oct/Nov/Dec)

Athlete insurance £15.99* based on 2024/25 pricing

Spectator tickets

Pricing differs between competitions, more info on the competition page. All athletes will need an adult present at each competition



COMPETITION DATES

We will usually be given an indication on which day athletes will compete but will not know the timing of their competition until around 2 weeks before the event so please keep the whole day/weekend free until this information is confirmed

Club Showcase

Friday 30th January (TBC), Arrows Elite Gym

Bring the Heat

11th-12th April 2026, Kettering

Arena Sports, Thurston Dr, Kettering NN15 6PB

Spectator tickets £12.50 * Based on 2024/25 prices

Summer Games

16th-17th May 2026, Hatfield

Hertfordshire Sports Village, De Havilland Campus, Hatfield AL10 9EU

Spectator tickets £12.50 * Based on 2024/25 prices

Rise

4th - 5th July 2026, Crawley

Pease Pottage Hill, Crawley RH11 9BQ

Spectator tickets £20.00 * Based on 2024/25 prices



ICE Championships

13th - 14th June 2026, Stoke on Trent

Fenton Manor, City Road Fenton, City Rd, Fenton, Stoke-on-Trent ST4 2RR

Spectator tickets £16.00 * Based on 2024/25 prices

The training session before each competition, athletes will be required to train in their competition uniform.



OFFER ACCEPTANCE CHECKLIST



Checked availability for competition dates

Athletes must be available for **all** competitions and should not be absent in the 2 weeks prior to competitions.

Read the Arrows Elite Code of Conduct

Parents/Guardians AND athletes must have read and agreed to the code of conduct prior to confirming their team place. Athletes should bring a signed copy of this to their first team training session.

Set up your payments

You will be sent a one off payment request for your membership fee, a direct debit request for your training fees and a separate direct debit request for your competition fees. Please ensure direct debit requests are set up at least 5 business days ahead of the due date to ensure they have time to be processed correctly.

Your space on the team will be confirmed once your membership fee has been paid.

Complete the acceptance form

Please complete the acceptance form by 20th July 2025 to let us know you would like to accept your place on the team.

