# Risk Assessment for indoor gymnastics cheerleading with reference to COVID-19

This Risk Assessment has taken account of the UK Gymnastics Health and Safety Policy and the Government’s guidelines on corona virus. This Risk Assessment will adhere to *Venue’s* risk assessment and guidelines from government, UK Gymnastics and UK Gymnastics’ insurers.

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| Premises / Activity Assessed | Assessor’s Name | Date | Review Date |
| Stratton School tennis Courts, Conditioning Sessions | Emily CoughlanGeoffrey CoughlanCharlotte Stapleton | 24/03/21 | 10/04/21 |

Risks will be graded at Very Low, Low, Medium, High, Very High (see page 16 UKG H/S Policy)

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| **HAZARD** | **PEOPLE AT RISK** | **EXISTING CONTROLS** | **RISK LEVEL** | **FURTHER CONTROLS** | **RESIDUAL RISK LEVEL** |
| Entry | Athlete & Staff | Use hand sanitiser on entryUse entry doorAll have temperature takenParents drop children outside met by staff/ COVID-19 champion at doorEnsure 2-meter distance adhered toEach athlete to wait outside court until their session timeSignage reminding all to sanitise on entryEntry Doors propped open  | LowVery LowLowVery LowLowLowVery LowVery Low | Club to provide sanitise on entry and exitTemp on first attempt less than 37.8= ENTER, higher than 37.8, wait 5 mins and retest.Ask parents to ensure that gymnasts with COVID-19 symptoms or symptoms within the household do not enter the gym. Spots for standing outside provided10 minutes after session has started door closed and sanitised |  |
| Drinks Bottles | Athlete | All bottles must be marked with the athlete’s nameBottles remain on spots (along designated area along fence distanced 2m apart)Athletes sent at alternate times for drinks breaks to maintain social distancing during water breaks | MediumMediumLow | Any bottles that are left are disposed of by staff wearing glovesNo water or cups provided by club | Very Low |
| Toilets | Athlete & Staff | No access to a toilet outside. | Very Low |  |  |
| Skills | Athlete & Staff | Equipment is sanitised at the start and end of the session by staffNo contact Equipment is sanitised at the end of a sessionAthletes social distance | Very LowVery LowVery LowVery LowVery Low | Fogging machine when availableStaff may wear gloves and face mask/glasses if deemed necessaryStaff use appropriate PPE and sanitising materials Club to provide sanitiser in gymAthletes to sanitise their hands each time after using all pieces of equipment where possible | Very LowLowVery Low |
| Dismissal | Athletes & Staff | Athletes leave in designated groupings by a separate exit to be met by parents/carers outsideAthletes to sanitise before leaving | Very LowVery Low | Staff ensure all have left and have been picked upClub to provide signage and sanitiser at the exit | Very Low |
| PPE Disposal | Staff | PPE if used will be disposed of in a relevant bin | Low |  |  |