# Risk Assessment for indoor gymnastics cheerleading with reference to COVID-19

This Risk Assessment has taken account of the UK Gymnastics Health and Safety Policy and the Government’s guidelines on corona virus. This Risk Assessment will adhere to *Venue’s* risk assessment and guidelines from government, UK Gymnastics and UK Gymnastics’ insurers.

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| Premises / Activity Assessed | Assessor’s Name | Date | Review Date |
| Stratton School tennis Courts, Conditioning Sessions | Emily Coughlan  Geoffrey Coughlan  Charlotte Stapleton | 24/03/21 | 10/04/21 |

Risks will be graded at Very Low, Low, Medium, High, Very High (see page 16 UKG H/S Policy)

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| **HAZARD** | **PEOPLE AT RISK** | **EXISTING CONTROLS** | **RISK LEVEL** | **FURTHER CONTROLS** | **RESIDUAL RISK LEVEL** |
| Entry | Athlete & Staff | Use hand sanitiser on entry  Use entry door  All have temperature taken  Parents drop children outside met by staff/ COVID-19 champion at door  Ensure 2-meter distance adhered to  Each athlete to wait outside court until their session time  Signage reminding all to sanitise on entry  Entry Doors propped open | Low  Very Low  Low  Very Low  Low  Low  Very Low  Very Low | Club to provide sanitise on entry and exit  Temp on first attempt less than 37.8= ENTER, higher than 37.8, wait 5 mins and retest.  Ask parents to ensure that gymnasts with COVID-19 symptoms or symptoms within the household do not enter the gym.  Spots for standing outside provided  10 minutes after session has started door closed and sanitised |  |
| Drinks Bottles | Athlete | All bottles must be marked with the athlete’s name  Bottles remain on spots (along designated area along fence distanced 2m apart)  Athletes sent at alternate times for drinks breaks to maintain social distancing during water breaks | Medium  Medium  Low | Any bottles that are left are disposed of by staff wearing gloves  No water or cups provided by club | Very Low |
| Toilets | Athlete & Staff | No access to a toilet outside. | Very Low |  |  |
| Skills | Athlete & Staff | Equipment is sanitised at the start and end of the session by staff  No contact  Equipment is sanitised at the end of a session  Athletes social distance | Very Low  Very Low  Very Low  Very Low  Very Low | Fogging machine when available  Staff may wear gloves and face mask/glasses if deemed necessary  Staff use appropriate PPE and sanitising materials  Club to provide sanitiser in gym  Athletes to sanitise their hands each time after using all pieces of equipment where possible | Very Low  Low  Very Low |
| Dismissal | Athletes & Staff | Athletes leave in designated groupings by a separate exit to be met by parents/carers outside  Athletes to sanitise before leaving | Very Low  Very Low | Staff ensure all have left and have been picked up  Club to provide signage and sanitiser at the exit | Very Low |
| PPE Disposal | Staff | PPE if used will be disposed of in a relevant bin | Low |  |  |