

## Risk Assessment for indoor gymnastics and cheerleading with reference to COVID-19

This Risk Assessment has taken account of the UK Gymnastics Health and Safety Policy and the Government's guidelines on corona virus. This Risk Assessment will adhere to *Venue's* risk assessment and guidelines from government, UK Gymnastics and UK Gymnastics' insurers.

Premises / Activity Assessed	Assessor's Name	Date	Review Date
Stratton School Gymnasium, Gymnastics, Cheerleading & Dance	Emily Coughlan Geoffrey Coughlan Charlotte Stapleton	06/09/20	29/08/20

Risks will be graded at Very Low, Low, Medium, High, Very High (see page 16 UKG H/S Policy)

HAZARD	PEOPLE AT RISK	EXISTING CONTROLS	RISK LEVEL	FURTHER CONTROLS	RESIDUAL RISK LEVEL
Entry	Athlete & Staff	Use hand sanitiser on entry	Low	Club to provide sanitise on entry and exit  Temp on first attempt less than 37.8= ENTER, higher than 37.8, wait 5 mins and retest.  Ask parents to ensure that gymnasts with COVID-19 symptoms or symptoms within the household do not enter the gym.	
		Use entry door	Very Low		
		All have temperature taken	Low		
		Parents drop children outside met by staff/ COVID-19 champion at door	Very Low		
		Ensure 2-meter distance adhered to	Low		
		Each gymnast to wait outside until their session time	Low		

		Signage reminding all to sanitise on entry	Very Low	Spots for standing outside provided	
		Entry Doors propped open	Very Low	10 minutes after session has started door closed and sanitised	
Drinks Bottles	Athlete	All bottles must be marked with the athlete's name	Medium	Any bottles that are left are disposed of by staff wearing gloves	Very Low
		Bottles remain on spots (at side of mats distanced 2m apart)	Medium	No water or cups provided by club	
		Athletes sent at alternate times for drinks breaks to maintain social distancing during water breaks	Low		
Toilets	Athlete & Staff	Athletes are only to use one specific toilet	Very Low	Staff use appropriate PPE	Very Low
		Toilets including door handles are cleaned with recognised cleaner at the start and end of the session	Very Low	Toilets including door handles are cleaned with recognised cleaner in between uses where possible  Signage for handwashing in place to remind athletes when using toilet	

Skills	Athlete & Staff	<p>Equipment is sanitised at the start and end of the session by staff</p> <p>No spotting</p> <p>Equipment is sanitised at the end of a session</p> <p>Athletes social distance</p>	<p>Very Low</p> <p>Very Low</p> <p>Very Low</p> <p>Very Low</p> <p>Very Low</p>	<p>Fogging machine when available</p> <p>Staff may wear gloves and face mask/glasses if deemed necessary</p> <p>Staff use appropriate PPE and sanitising materials</p> <p>Club to provide sanitiser in gym</p> <p>Athletes to sanitise their hands each time after using all pieces of equipment where possible</p>	<p>Very Low</p> <p>Low</p> <p>Very Low</p>
Dismissal	Athletes & Staff	<p>Athletes leave in designated groupings by a separate exit (side exit door) to be met by parents/carers outside</p> <p>Athletes to sanitise before leaving</p>	<p>Very Low</p> <p>Very Low</p>	<p>Staff ensure all have left and have been picked up</p> <p>Club to provide signage and sanitiser at the exit</p>	<p>Very Low</p>
PPE Disposal	Staff	<p>PPE if used will be disposed of in a relevant bin</p>	<p>Low</p>		

